

## Grade 7&8 Ski Trip

❄️ Valloire, France ❄️ March 3<sup>rd</sup> – March 9<sup>th</sup> 2012 ❄️

❄️ Mr. Brendan Matheson ❄️ Ms. Emily Rentsch ❄️ Ms. Marie Perin ❄️



# Life on a ski tour...with SkiBound

**SkiBound**  
Snowsports for  
International Schools

Learn new skills

Make new friends

Have fun

Active



Improve your French

Personal development

European culture



Exciting

Fitness

Social



# Skiing

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The pursuit of skill & style

## Ski School: 6 hours each day

- Carving & turning
- Rhythm
- Style
- Speed & control
- Jumps
- Using the inside edge



Be prepared for a week in the mountains...

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# EQUIPMENT

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This equipment will be provided when you arrive



# COMMUNICATION & SAFETY



- A phone tree will be set up to communicate to parents.
- Emails will also be sent to let you know of student progress!
- Medical Facilities are available in the resort.
- Students will always be skiing with a fully qualified instructor.
- Students will always wear a helmet while skiing.

# Flying Direct - Dubai to Geneva



<b>DEPART</b> Saturday March 3rd	<b>EK 0089</b>	<b>Depart: 08.55am</b> <b>Arrive: 13.10pm</b>	<b>Emirates Airline</b>
<b>RETURN</b> Friday March 9th	<b>EK 090</b>	<b>Depart: 14.50pm</b> <b>Arrive: 23.59pm</b>	<b>Emirates Airline</b>

# Vallorie – French Alps

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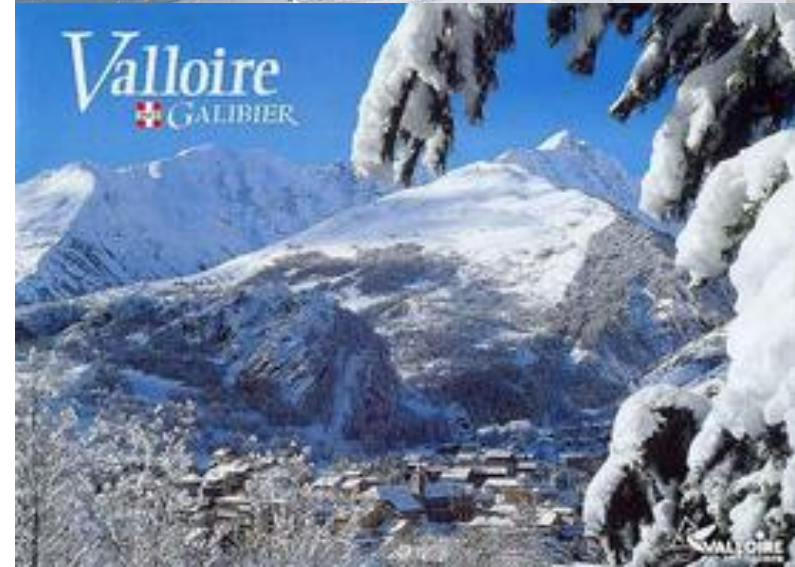






# Vallorie – Resort Facts:

<b>Resort Height:</b>	1430m
<b>Number of Chair lifts:</b>	17
<b>Number of Pomas:</b>	14
<b>Gondola:</b>	2
<b>Kms of Piste:</b>	150kms
<b>Beginner Runs:</b>	19
<b>Intermediate Runs:</b>	24
<b>Advanced Runs:</b>	31
<b>Expert Runs:</b>	9
<b>Top station height:</b>	2600m



# Hotel Plein Sud, Valloire

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# Ski School

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- 6 hours of skiing per day
- 3 hours in the morning and 3 hours in the afternoon
- Instructors meet students on the piste just by the hotel
- Expert instructors from the local ski school will develop personal skiing skills over the week
- Group size 1 : 8 (1 instructor with 8 students)
- Small groups to ensure excellent supervision and safety



# Evening Activities

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- Ice Skating
- Bum boarding
- Bowling
- In House Quiz
- In House Movie Night
- In House Disco
- Ski Test
- Competition, BBQ & prizes



# Cultural Activities

- Mountain Awareness
- Ski Technology
- French Cultural Awareness



This could be you...

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# Itinerary

DATE	MORNING	AFTERNOON	EVENING
<b>Saturday 5<sup>th</sup> March</b>	Arrive at airport – Depart Dubai	Arrive Geneva. Transfers to hotel. Ski fitting & resort tour.	Cultural Afternoon and Evening Meal
<b>Sunday 6<sup>th</sup> March</b>	3hrs of ski lessons	Lunch followed by 3hrs of ski lessons	Evening meal and entertainment
<b>Monday 7<sup>th</sup> March</b>	3hrs of ski lessons	Lunch followed by 3hrs of ski lessons	Evening meal and entertainment
<b>Tuesday 8<sup>th</sup> March</b>	3hrs of ski lessons	Lunch followed by 3hrs of ski lessons	Evening meal and entertainment
<b>Wednesday 9<sup>th</sup> March</b>	3hrs of ski lessons	Lunch followed by 3hrs of ski lessons	Evening meal and entertainment
<b>Thursday 10<sup>th</sup> March</b>	3hrs of ski lessons	Lunch followed by 3hrs of ski lessons	Evening meal and entertainment
<b>Friday 11<sup>th</sup> March</b>	Depart hotel with private transfers to the airport		

# Cost per student 8600 AED

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## INCLUDES:

- Return Flights
- Private airport transfers to/from Geneva & Valloire Resort
- Full board accommodation
- Hot lunches daily
- 5 day full area ski pass
- Hire of ski equipment and helmet
- Six hours per day ski lessons with ski school and Instructors
- Evening & Cultural activities
- Cultural day
- Full Medical & Travel Insurance

## EXCLUDES:

- Spending Money
- Visas (for some nationalities)
- Ski Clothing
- Ski jacket & pants can be hired for £70
- Beanie/Hat/Gloves & Goggles can be purchased for £49 which students can take home and keep

